

Camp Coaching Staff

The camp is run by Coach Alison Bruckert who has been the head coach at St. Pius X for the past two years and currently coaches both the Varsity Football and Competition squads. She helped lead the Varsity Competition Squad to a Region Runner-Up finish at this year's tournament and is looking forward to another fantastic year in 2011. Before her current position, Ms. Bruckert coached the Varsity Basketball squad at St. Pius X and spent two years coaching the Junior Varsity Football squad at Winder-Barrow High School. She is a member of GCCA and GHSA. A graduate and alumni member of the St. Pius X cheerleading program herself, Coach Bruckert is very familiar with the high standards of the school and aspires to pass on the fundamentals and love of the sport to all of the campers who attend.

The camp is staffed by a group of experienced members of the St. Pius X Cheerleading Program. Girls from both the Competition and Spirit Cheerleading Squads will assist with instruction throughout the week, and each girl will be ready to help all of our campers with learning new material and building a sense of community and spirit. All of the camp activities will be supervised by GHSA certified St. Pius X cheerleading coaches.

Directions

From South

Go North on I-85 to exit 93, Shallowford Rd. Stay in left lane to cross over interstate and merge onto access road heading South. Take the first right, Plaster Road. At the stop sign, turn right and the school is on the left.

From North

Go South on I-85 to exit 93, Shallowford Road. Go straight through the light onto the access road. Take the first right, Plaster Road. At the stop sign, turn right and the school is on the left.



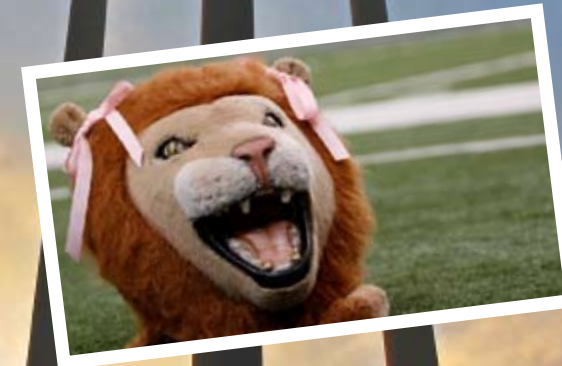
St. Pius X Catholic High School
Golden Lion Cheerleading Camp
2674 Johnson Road, NE
Atlanta, Georgia 30345

www.spx.org/athletics/cheerleading



Golden Lion
Cheerleading Camp

Rising 2nd-8th Graders
June 14-17, 2011



ST. PIUS X CATHOLIC HIGH SCHOOL

Objective

The Little Lions Cheerleading Camp is a week-long program designed especially for rising second through rising eighth graders who have an interest in cheering. The objective of the camp is to give campers an introduction to the fundamentals of cheerleading, to build on the skills they may already have, and to promote good sportsmanship and teamwork. Our staff will teach your child a variety of cheers, dances, and stunts, with a special emphasis on proper cheerleading techniques and safety. Campers will also enjoy special team time each day, where they will work on leadership skills, cooperation, and spirit building.

If you have any questions about camp, please feel free to contact me by e-mail at abruckert@spx.org or by telephone at (404) 636-3023 Ext. 312.

We look forward to seeing you at camp!

Sincerely,

Alison Bruckert
Head Cheerleading Coach

What to Wear

- Campers should wear comfortable shorts and t-shirts (that allow for movement), socks, and tennis shoes.
- Hair should be pulled off the face and neck.
- No jewelry allowed.

Information

Rising 2nd - 8th Graders
June 14-17, 2011
9:00 a.m. - 2:00 p.m.

Each day of camp will differ, but each will follow a specific timeline.

An example of a camp day would be:

9:00-9:40 Warm-up, conditioning and stretching

9:40-9:55 Jump Techniques

10:00-10:30 TEAM TIME

10:30-11:15 Cheers and Chants/Technique

11:15-11:45 LUNCH

11:45-12:30 Dance Skills and Routines

12:35-1:00-Stunt Techniques

1:00- 1:30 Cheer Crafts

1:30- 2:00 Review

**Parents are invited to award presentations and a performance by the participants on the last day of camp.

The total cost of the camp is \$150.

**Discounted rate of \$140 if registration form received before May 2nd.

What to Bring

- Bring water or a sports drink- no sodas please.
- Campers should bring a lunch as there will be a 30 minute lunch break each day.
- Absolutely no gum is permitted.
- Vending machines are also available in the school breezeway, but they may not be in working condition, so please pack a lunch for all participants.

Summer Camp Registration Form

Name: _____

Address: _____

City: _____ Zip: _____

Age: _____ Grade Entering: _____

School Next Year: _____

Parent(s) Name(s): _____

Home Phone: _____

Mobile Phone: _____

Email: _____

Cheerleader T-Shirt Size: YS / YM / YL / AS / AM

Previous Cheer Experience (Including SPX Camp): _____

Golden Lion Cheerleading Camp - \$150

**Discounted rate of \$140 if registration form received before May 2.

Please read and sign the following statement:

I hereby authorize the camp coaches to act for me in the event of a serious emergency (requiring medical attention) and I hereby waive and release the camp and its directors from any and all liability for injuries and illnesses incurred while attending camp. In addition, I certify that my child is in good health and is able to participate in all program activities. Furthermore, in the event of an emergency requiring medical attention, I shall pay for the services rendered.

Signature of the Parent/Guardian (ink only) _____ Date _____

Please return this completed form with a check made payable to St. Pius X to:

St. Pius X Cheerleading Camp
Coach Alison Bruckert
2674 Johnson Road, NE
Atlanta, Georgia 30345

